

# Wife Subjective Planning To Husband's Infidelity

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## Abstract

Having a happy family is the dream of every married couple, but what happens if one partner breaks the commitment and has an affair? The purpose of this study is to investigate how a wife's subjective planning influences her husband's infidelity. This study used qualitative methods with a case study approach. The research subjects consisted of four subjects, such as the wives who were betrayed by their husbands. These four subjects are all Christian and domiciled in Ambon. This case study used the interview method and observation in collecting the data. The data analysis method used is the narration method, which refers to Reissman's theory, which consists of the stages of telling, transcribing, and analyzing. The result of the research showed that the subjects are actively involved in managing the internal and external demands through the coping strategy, which started with problem-focused coping to emotional-focused coping. The strategy change is done when the subjects' judgement of the "situation" at hand is out of their control until they carry out restructurisation internally. When the inner sources are felt to be inadequate and that the stress load is intense over a long period of time, the subjects tend to live their faith trust as a basis of hope to stay in the marriage while orienting their life for their children's well-being.

**Keywords:** subjective appreciation, wife.

## I. Introduction

Marital status is interpreted as an individual bond forming a happy family (household) with a lifetime duration both religiously and legally. The result of Bayissa (2020) showed the underlying reason for an individual to have a marriage relationship, such as the basic need for love and intimacy with a partner can be fulfilled, as a means of sharing, giving encouragement and motivation with the partner, and as a channel for good sexual satisfaction. A marital bond between a man as a husband and a woman as a wife has the same rights and obligations in forming a family. If both partners or one of the partners shows disloyalty, it will trigger a problem in the family.

Disloyalty behavior starts from a dissatisfaction that happens from the desire of the

household needs, as stated by Ag, R. M. (2019). Based on the survey results of the Central Bureau of Statistics in (2022), some phenomena have happened, such as the disloyalty trend, the economy, the provision of physical and spiritual sustenance, and the increase of disharmony in marriage.

The survey result showed that there are divorce lawsuit cases in Indonesia that have increased since 2021, reaching 447,743 cases from 2020, which is 291,677 cases. From this survey, it obtained the data of a wife as a plaintiff, such as 75.34% of 337,677 cases. Hence, the data of the husband as plaintiff is 110,440 cases, or 24.66%.

This report showed that there are various causes of divorce, with the partner's disloyalty being one of them. Andu's study (2021) related