Suffering is a legacy of the existence of the world of souls [humans] living on earth. Suffering is not imagination, not some nightmare, on the contrary is real, actual, but not academic. Suffering comes when humans are born. Humans cannot escape suffering. Suffering comes from various angles of life. Suffering comes from a broken relationship with God. Starting from the failure of Adam and Eve's relationship with God, humans began to feel suffering. Humans cannot resist the suffering they experience. The purpose of this is to determine the cause of human suffering and its consequences specially covid -19 has become a pandemic in almost all countries in the world.